



REGENERATIVE SPINE & JOINT CENTER

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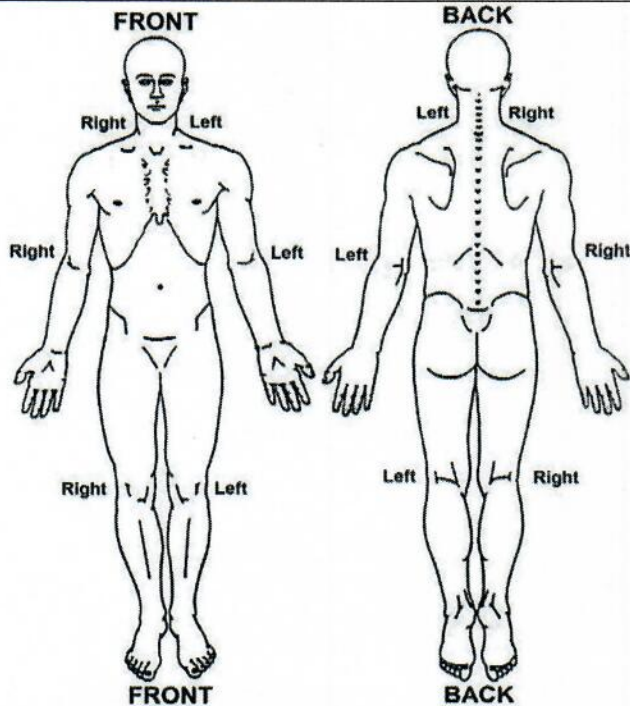
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Lumbar Discseel Screening Form

- ① Do you have Low Back Pain? Yes No
- ② Do you have Buttock Pain? Yes No
- ③ Do you have Leg Pain? Yes No
- ④ Do you have Leg Weakness? Yes No
- ⑤ Mark the parts on your body where you feel symptoms. Include all affected areas. Use any of these symbols: Put an X on the area that hurts the most.

Ache ○ ○ ○ Burning > > > Pins & Needles • • • •
Numbness + + + Stabbing = = =



⑥

Check mark ✓ how each activity impacts your primary symptom:	While Sitting	While Standing	Moving Sit to Stand	Walking	Lying on Belly (prone)	Lying on Back (supine)	Lying on Left Side	Lying on Right Side	Pushing Shopping Cart	Nothing
Aggravates										
No Change										
Relieves										

- ⑦ When Did Your Symptoms Begin? _____
- ⑧ Did Your Symptoms Begin (circle) Gradually or Suddenly?
- ⑨ Were Symptoms Caused by (circle) Accident or Injury? No
- ⑩ When Was Your Most Recent Lumbar MRI? _____

- ⑪ Allergy to Gentamicin (an antibiotic)? Yes No
- ⑫ Allergy to X-Ray Dye (contrast)? Yes No
- ⑬ Do You Take Prescription Blood Thinners? Yes No
apixaban (Eliquis); betrixaban (Bevyxxa); cilostazol (Pletal); clopidogrel (Plavix); dabigatran (Pradaxa); dalteparin (Fragmin); danaparoid (Orgaran); dipyridamole (Persantine); edoxaban (Savaysa); enoxaparin (Lovenox); fondaparinux (Arixtra); heparin, pentosan polysulfate sodium (Elmiron); pentoxifylline (Trental); prasugrel (Effient); rivaroxaban (Xarelto); ticagrelor (Brilinta); ticlopidine (Ticlid); tinzaparin (Innohep); warfarin (Coumadin)
- ⑭ Do You Take Aspirin (for heart or circulation)? Yes No
- ⑮ Any Current Infection (or taking antibiotics)? Yes No
- ⑯ Any Recent or Upcoming Dental Work? Yes No

⑰ Previous Treatments: (identify all that apply)

- ① Rehabilitation Physical Therapy Chiropractic
 Independent Spine Exercises, Pilates, Yoga, other
- ② Lumbar Spine Surgery (how many times total? ____)
 Discectomy (how many times? _____)
 Laminectomy (how many times? _____)
 Fusion (how many times? _____)
 Spinal Cord Stimulator
 Other Lumbar Spine Surgical Procedures: _____

③ Lumbar Spine Injections

- Epidural Steroid Injections
- Facet Joint Injections or Medial Branch Blocks
- Radiofrequency Ablation (Neurotomy)
- Sacroiliac Joint Injection

④ Lumbar Disc Injections (intra-discal procedures)

- Stem Cells
 - Frozen (purchased in a vial) Stem Cells (allograft)
 - Your Own Bone Marrow Stem Cells
 - Your Own Fat Derived Stem Cells
- Exosomes PRP Other _____

⑤ Medications for Low Back and/or Leg Symptoms

- Nonsteroidal Anti-inflammatory Drugs (NSAIDs)
celecoxib (Celebrex); Diclofenac (Arthrotec, Cataflam, Voltaren, Zipsor, Zorvolex); etodolac (Lodine); ibuprofen (Advil, Combunox, Duexis, Medipren, Motrin, Vicoprofen); indomethacin (Indocin, Indomethagan); ketoprofen (Actron, Orudis, Oruvail); ketorolac (Toradol); meloxicam (Mobic); nabumetone (Relafen); naproxen (Aleve, Anaprox, Naprapac, Naprelan, Naprosyn, Naproxyn, Vimovo); oxaprozin (Daypro); piroxicam (Feldene); salsalate (Disalcid, Trilisate); sulfasalazine (Azulfidine); sulindac (Clinoril); tolmetin (Tolectin)

- Gabapentin or Pregabalin Muscle Relaxers
- Tylenol (acetaminophen) Opioid Medications
- Oral Steroids Other _____

Name _____ DOB _____ Date _____